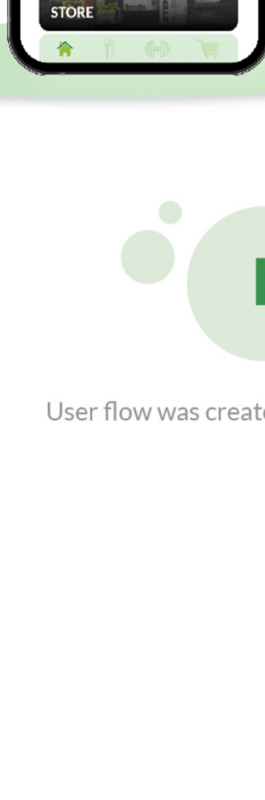


health and fitness app

Dietetics

UI Case study Tools

Xd Ps Ai

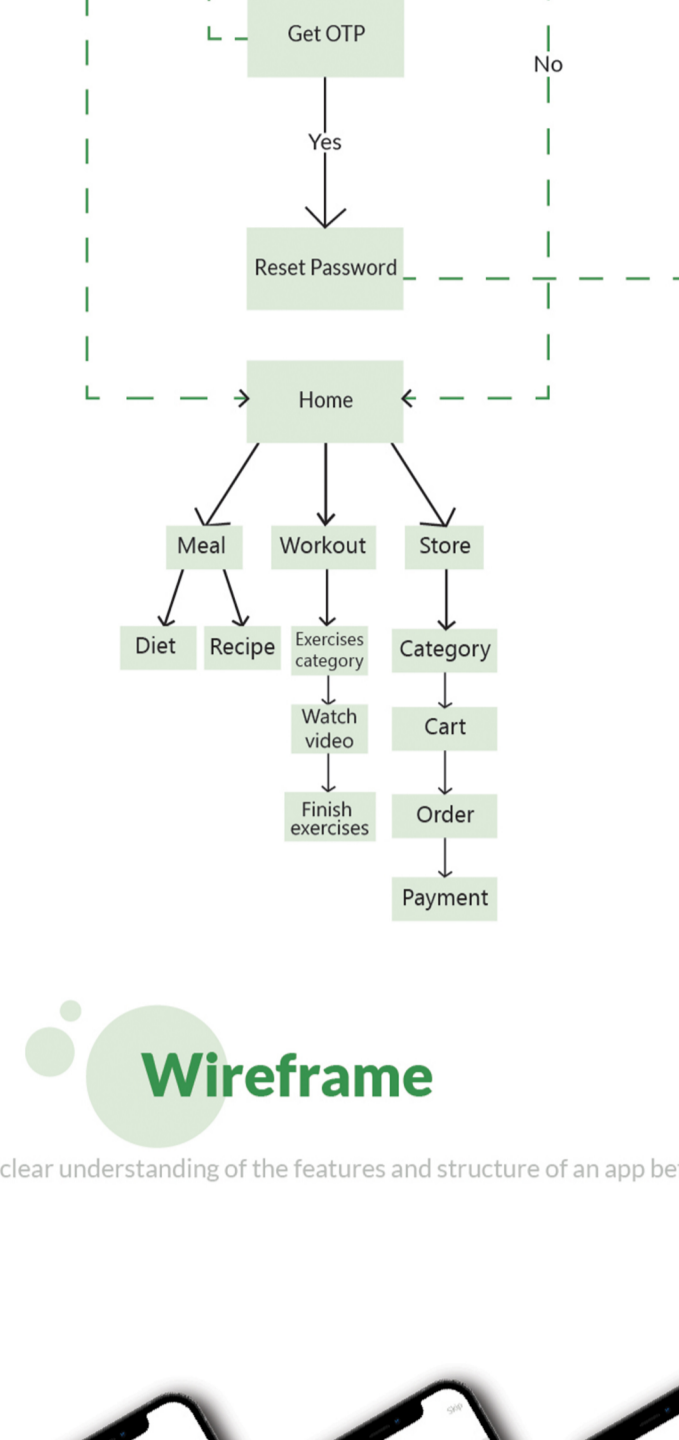


A Brief About Dietetics

Our aims to empower users to take control of their nutrition, fostering healthy eating habits, supporting weight loss or gain goals, enhancing fitness routines and addressing specific medical conditions.

Flow Chart

User flow was created for simple understanding of the app concept.



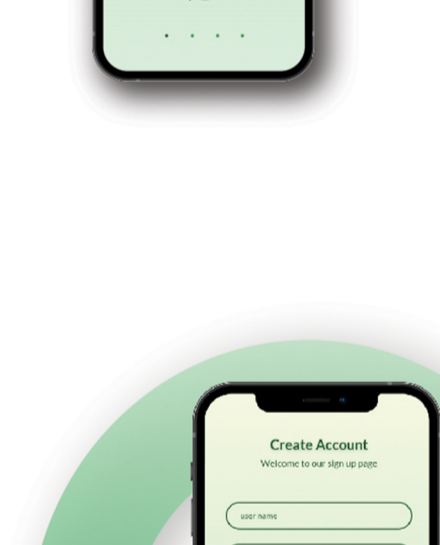
Wireframe

I created the wireframes to gain a clear understanding of the features and structure of an app before beginning the UI design.



Typography

The choice of fonts in apps is crucial for creating a visually appealing and user-friendly interface, so I have decided to choose the Lato font because it is so elegant.



Font

Regular Bold Black

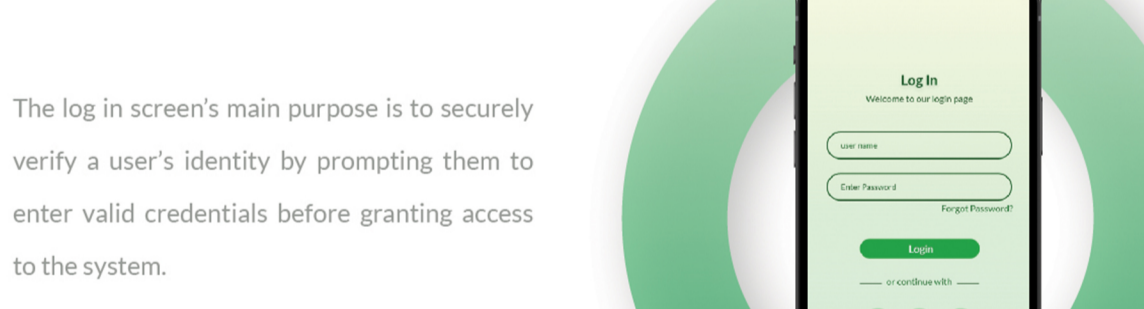
A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

a b c d e f g h i j k l m n o p q r s t u v w x y z

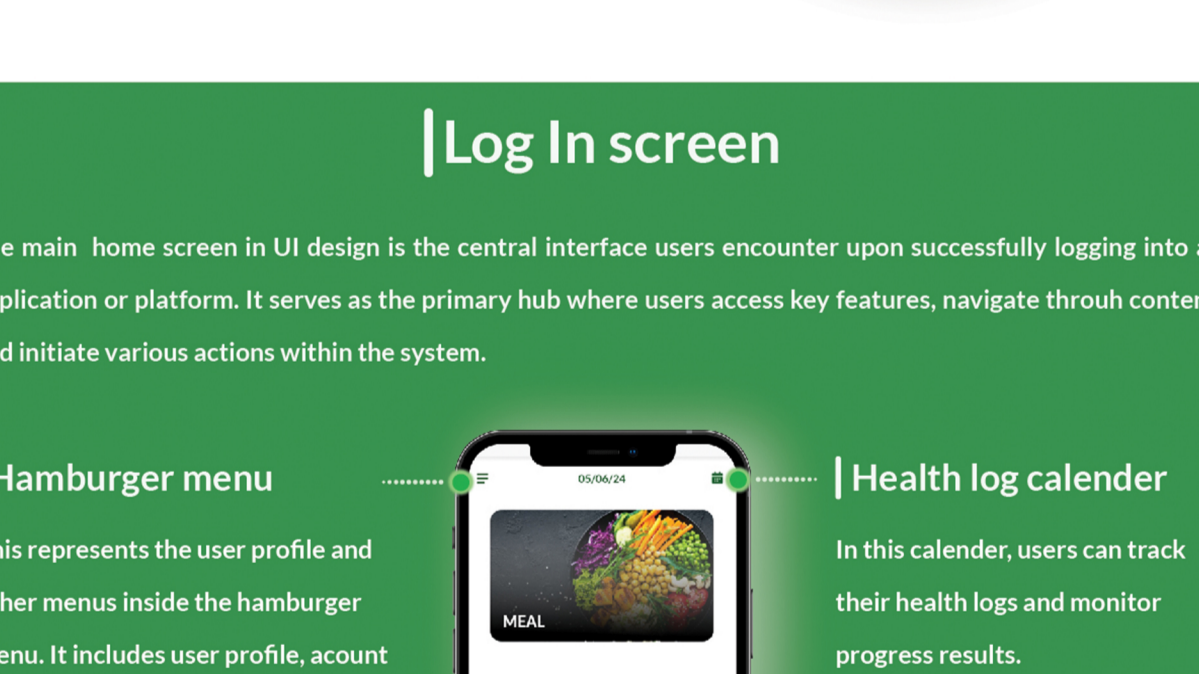
1 2 3 4 5 6 7 8 9 0

Color palette

Creating a color palette for UI design involves thoughtful consideration of the atmosphere and user experience you want to convey.

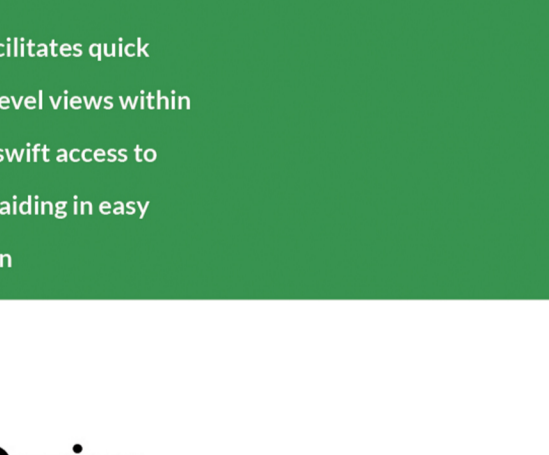


Components



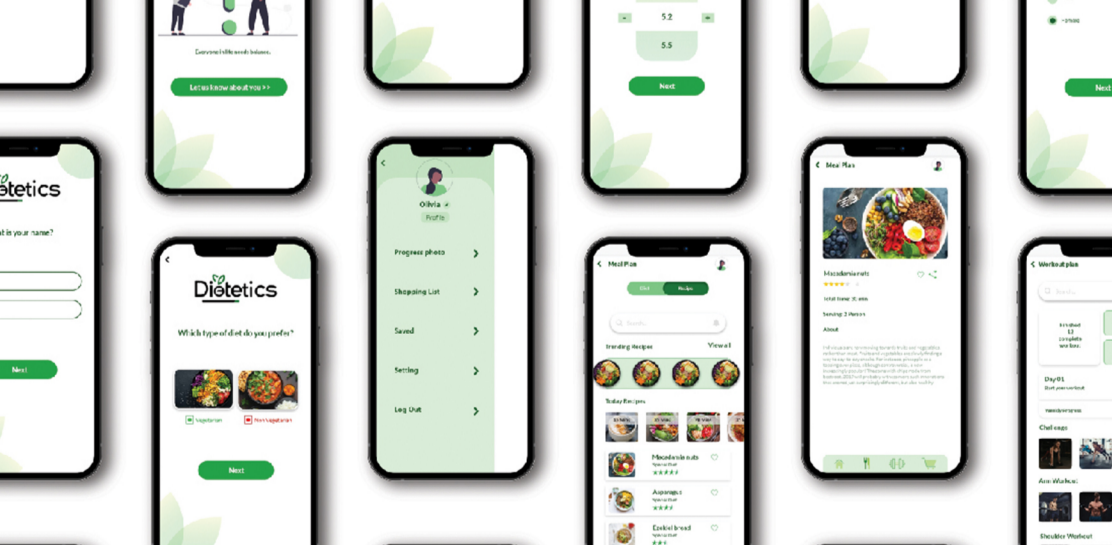
Preloading

A preloading screen, also known as a loading screen or splash screen, is a graphical element that appears on a user interface to indicate that the application is in the process of loading content. This image appears during the loading of the program. We can just place an app or a logo. A splash screen may include text, or it may be purely visual with no text at all.

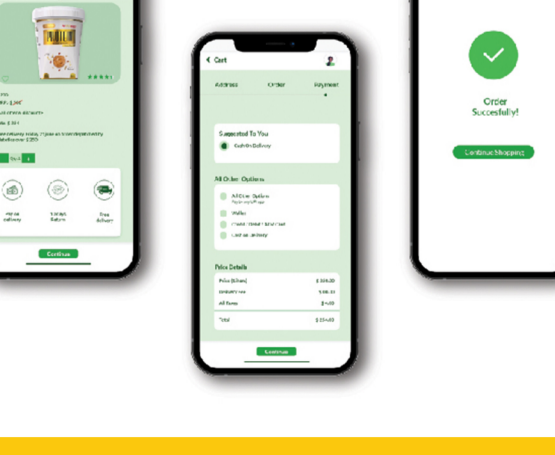


Preloading

An onboarding screen in UI design refers to a series of screens or interactive elements that guide users through the initial setup or introduction to a new application or digital platform.



Sign In screen



It is Simplest and easiest registration by the user's email id.

Log In screen

The log in screen's main purpose is to securely verify a user's identity by prompting them to enter valid credentials before granting access to the system.



Log In screen

The main home screen in UI design is the central interface users encounter upon successfully logging into an application or platform. It serves as the primary hub where users access key features, navigate through content, and initiate various actions within the system.

Hamburger menu

This represents the user profile and other menus inside the hamburger and other menus inside the hamburger menu. It includes user profile, account settings and additional features.

Health log calendar

In this calendar, users can track their health logs and monitor progress results.

Navigation bar

Bottom navigation facilitates quick navigation between top-level views within an app, offering users swift access to significant topics and aiding in easy navigation

Visual Design

Thank you for watching!